

Certificate in **FAMILY SYSTEMS THEORY & APPLICATION**

The *Certificate in Family Systems Theory and Application* offers foundational training in a Bowen Family Systems Theory approach to applying ideas in practice to domains of self, family and the workplace. This flexible and affordable two-year program considers the application of theory to personal and professional relationships, including helping professions, coaching, leadership and supervision.

The Certificate in Family Systems Theory and Application includes:

- Bowen Family Systems Theory Modules including the emotional system; differentiation of self; chronic anxiety; triangles and the multigenerational process.
- Collaborative Learning Intensives focus on applying Bowen theory concepts in practice, including observing relationship systems and working on your own part in the system.
- Family of Origin Research Groups
- Workshops offer further thinking on the application in areas such as organisational challenges; mental health; trauma; addictions; divorce, remarriage & affairs; neuroscience & neurobiology.

Who is it for?

This program is ideal for those wanting to integrate systems thinking in the relationships they are working with in fields of health, ministry, education, nursing, executive coaching, family business, business contexts, human resources, mental health disability, drugs and alcohol. This program is also excellent professional development for already accredited family therapists interested in learning more about Bowen Theory.



The Family Systems Institute is the preeminent organisation in Australia dedicated to teaching, training and professional development grounded in Bowen Family Systems Theory. Three pillars shape the curriculum of the Certificate program:



Theory



The self of the
leader / helper



Practical
application

Features of studying with the Family Systems Institute:

- **Two-year core program** includes live online discussion Modules and hybrid Collaborative Learning Intensives accessible for rural, interstate and international students
- **Recognised Prior Learning (RPL) pathway** means family of origin groups and workshops can be completed up to 8 years prior to, or alongside, core program enrolment
- **Flexibility and affordability** is made possible by pacing enrolment in activities, RPL pathways and online learning options
- **Access to FSI online libraries**, free registration to FSI networking events and student discounts to the FSI annual conference and workshops
- Meet your **CPD requirements** with relevant training while working towards accreditation as a family therapist with AAFI.
- Option to transfer to the *Advanced Certificate* in the future for family therapy accredited training.

BRINGING BOWEN FAMILY SYSTEMS THEORY TO LIFE

