

FSI Graduate Group Learning Stream Options

Choose between being an Observer or a Researcher/Presenter with our new stream options for Graduate Group participants

OBSERVER STREAM

- The overall goal of the observer stream is to provide the opportunity for participants to engage with the learning material and develop focused areas to observe in their active and alive systems between meetings.
- Each Grad Group meeting will provide opportunities for the observer stream to consolidate thinking generated through the learning material and discussion into questions for ongoing observation, theoretical development and fact gathering.
- The role of observation is essential in researching and learning about how systems operate. Observing facilitates the gathering of facts of functioning of the system that can be organised over time by the concepts. Observing also provides an opportunity to increase awareness of the reactivity within the observer providing clues for ongoing coaching efforts.
- Observation facilitates the process of learning about how the system works to be able to generate hypothesis about symptom development and potential courses of action over time.
- All observers are welcome to attend in person (or online pending confirmation of location and facilities) the presentation stream's afternoon of presenting their research project.

RESEARCHER/PRESENTER STREAM

- The overall goal of the researcher and presenter stream is to provide an opportunity for participants to draw on their existing knowledge of BFST and conduct a small-scale individual research effort to present at the 6th session which is planned to be in person in August 2026.
- The end of year presentation is not expected to exceed a 20-minute presentation and will be confirmed at the first meeting in February
- There will be opportunities provided to think about the differences between a natural systems research question and cause/effect research questions.
- Participants are encouraged to select a research topic that aligns to individual interests and learning goals. Each Grad Group meeting will provide an opportunity for the researcher stream to raise any questions/issues about their project facilitating a supportive learning structure for those new to tackling an individual research project along with opportunities to share experiences that have been useful and fruitful. The facilitator emphasis in these group discussions will be on the effort to hold a systems research mindset throughout the gathering of information/facts acknowledging the challenges when reviewing non-systems research and literature (the dominant paradigm generating the scientific knowledge/evidence base).
- The FSI 2026 Conference topic is “**Resilience in Relationships: Fresh perspectives in differentiation of self**”. If presenting at the FSI Conference is aligned to your 2026 learning goals, this is a great opportunity to utilise the research stream structure to build your knowledge and thinking to present at the Conference.
- It is up to the individual to complete their individual research and develop their presentation outside of the Grad Group meetings.