

## Advanced Certificate in **COUPLE & FAMILY SYSTEMS THERAPY**

The *Advanced Certificate in Couple and Family Systems Therapy* is a flexible and affordable two-year program accredited by the Australian Association of Family Therapy (AAFT). The program offers training in relationship systems thinking that is applicable to clinical work with individuals, couples and families, and offers a unique opportunity for training in the theory and application of Bowen Family Systems Theory within the broader context of family therapy.

### The Advanced Certificate includes:

- Bowen Family Systems Theory Modules
- Family Therapy Modules: Overview of the family therapy field and systemic models
- Collaborative Learning Intensives focus on family assessment, working with parents, working with couples, and relationship violence.
- Family of Origin Research Groups
- Clinical Supervision Groups
- Parent Hope Project Training (Level 1)
- Workshops offer further thinking on the clinical application in areas such as mental health; trauma; addictions; divorce, remarriage & affairs; neuroscience & neurobiology.

### Who is it for?

This program is ideal for already practicing clinicians wanting to gain theory and practice experience in working with couples and families. It is open to clinicians from various disciplines including social work, psychology, psychiatry, occupational therapy & nursing with a relevant undergraduate degree.



The Family Systems Institute is the preeminent organisation in Australia dedicated to teaching, training and professional development grounded in Bowen Family Systems Theory. Three pillars shape the curriculum of the Advanced Certificate:



Theory



The self of the  
therapist



Clinical  
application

### Features of studying with the Family Systems Institute:

- **Two-year core program** includes live online discussion Modules and hybrid Collaborative Learning Intensives accessible for rural, interstate and international students
- **Recognised Prior Learning (RPL) pathway** means family of origin groups, clinical supervision groups, Parent Hope Project training and workshops can be completed up to 8 years prior to, or alongside, core program enrolment
- **Flexibility and affordability** is made possible by pacing enrolment in activities, RPL pathways and online learning options
- **Access to FSI online libraries**, free registration to FSI networking events and student discounts to the FSI annual conference and workshops
- Meet your **CPD requirements** with relevant training while working towards accreditation as a family therapist with AAFT.

**BRINGING BOWEN FAMILY SYSTEMS THEORY TO LIFE**

