

2025 CONFERENCE KEYNOTE SPEAKERS

Keynote: Veronica Peters

The triangle: it's regulatory function in nature and in human relationships

This keynote presentation will explore the regulatory function of triangles, how they appear in nature and in human relationships. "In fostering the greatest likelihood of overall survival and reproductive success, social species have evolved through an emotional system that exerts pressure on its members, especially on some members, to be something other than what they are as individual organisms, especially during times of threat. Each is under pressure, though to different degrees, from the emotional system, and, at the same time, each individual contributes to the pressure on others to function as components of the system." p64 Lassiter (2008)



Speaker Bio:

Veronica Peters is a psychologist and family therapist with more than 25 years experience working extensively with people experiencing mental health difficulties, couples and a range of clinical issues, and has a special interest in supporting people with eating disorders towards recovery. She now works in private practice, and provides supervision for people in ministry, and serves on the faculty at The Family Systems Institute. Veronica also provides leadership