

2025 CONFERENCE KEYNOTE SPEAKERS

Keynote: Jenny Brown

The “I” Position: What happens when one person interrupts relationship patterns?

This presentation seeks to better understand the idea of the “I” position in Bowen theory - its context in the broader theory and particularly exploring what happens when one person interrupts the underlying emotional patterns operating in a relationship.



Speaker Bio:

Jenny co-founded the Family Systems Institute in 2004. In June 2021, Jenny stepped down from her leadership role but continues as faculty and is committed to contributing to FSI events and mentoring emerging systems thinkers. She is a clinical member and supervisor for the Australian Association of Family Therapy. In 2022 she was awarded the Polly Caskie research award by the Bowen Centre for her work with parents and the family projection process. Jenny Brown has been working in the field of child and family mental health and family therapy since the 1980s. Her PhD research was exploring parents' experience of their child's mental health treatment.